

WILL POWER



Everything you need to know about
leaving a gift in your will to
Tibet Relief Fund

WILL POWER

WHY LEAVE A GIFT IN YOUR WILL

Thank you so much for considering leaving Tibet Relief Fund a legacy to help our work with Tibetans.

After you have provided for your loved ones, leaving a gift towards our work ensures your concern for Tibet will live on beyond your lifetime.

Established in 1959, Tibet Relief Fund has a proud history of working with Tibetans to meet life's vital needs and help individuals and communities become self-sufficient.

Without the generosity of people like you who have left a gift in their will, we simply could not have made the impact that we have so far – from rebuilding homes after natural disasters to providing education and life-saving healthcare for Tibetans.

By leaving a gift in your will, no matter what size, you will be an important part of a bright and secure future for Tibetans.

Legacies form the backbone of our work and we couldn't exist without them. Your gift could build a home for a Tibetan family, support an elderly refugee with food and warm clothes or help a new mother give birth safely. Or, if you would prefer to support a specific project with your gift, we are very happy for you to do so.

If you would like to speak to someone about leaving a gift in your will and how this might work for you, please call us **020 3119 0041** or email **legacies@tibetrelieffund.co.uk**.

Thank you,



Philippa Carrick,
Chief Executive





Margaret Iggulden
Monmouth

“Take some time to think over your life. What causes have you felt passionately about? How would you like to be remembered?”

Why I'm leaving a legacy to Tibet Relief Fund

“Tibet is a cause that has been dear to my heart for decades.

When I was 11 years old the news came on the radio about the Dalai Lama fleeing from the Chinese. This made a huge impact on me and I constantly asked if he was safe and alive. It was a great relief to find he was.

In the years following I trained teachers to teach literacy in developing countries and wrote educational books. I met Taiwanese students who told me about China's designs on their country and Tibet too. As some of them had visited Tibet they taught me a great deal about the situation there. It was then I began to read more about it.

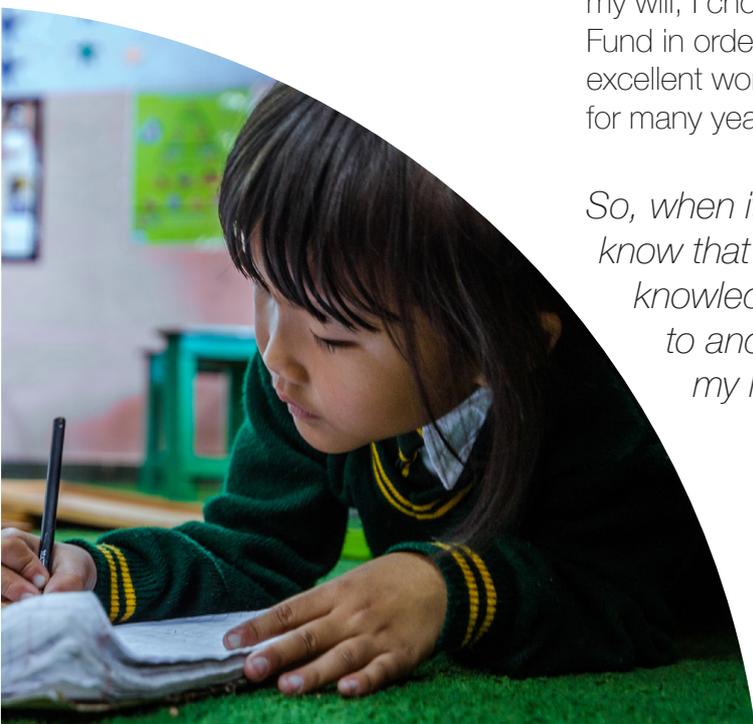
I started supporting Tibet Relief Fund and their *Tibet Matters* newsletter began arriving with news about various excellent projects. The sponsorship section particularly caught my attention. I contacted Tibet Relief Fund and seven-year-old Phurpa, from a destitute family, became my sponsored 'daughter'. Receiving letters from her is such a joy. She is now 13, looks healthy and happy and intends to be a teacher of Tibetan language.

Her transformation is wonderful and it only happened because of the help of Tibet Relief Fund and the school that they support.

It was easy, therefore, when making a gift to a charity in my will, I chose Tibet Relief Fund in order that their excellent work can continue for many years to come.

So, when it is my turn for the curtains to close I know that wherever I am I will be happy in the knowledge that the cause I have committed to and felt passionately about throughout my life will receive a gift in my will.”

Margaret



A young boy with dark hair, wearing a green school jacket, a white shirt, and a yellow tie, is captured in a dynamic pose as if running or jumping. He is looking towards the camera with a slight smile. The background is a soft-focus outdoor setting with trees and a clear sky.

HOW A GIFT IN YOUR WILL COULD HELP

Your gift, no matter what size it is, will make a huge difference for Tibetans.

Last year a fifth of our money from supporters came from gifts in wills.

Here are a few examples of how your money could go a long way in helping the Tibetan people we work with.

♥ **£250 could keep an elderly Tibetan refugee safe and warm over winter**

Elderly Tibetans in Nepal need food, warm clothes and winter fuel to survive the cold winters. A gift of £250 can provide everything an elderly Tibetan needs to stay safe and warm over winter.

♥ **£1,000 could help new mothers in Tibet give birth safely**

A gift of £1,000 can equip a trained birth attendant in a remote area of Tibet, where the mortality rate for mothers and babies is high – four in nine births result in the death of either mother or baby.

♥ **£2,000 could fund a physiotherapist for Tibetan children**

Ngoenga School provides a loving home, care and education for 50 Tibetan children with special needs. These children would not be able to get the specialised care they need at home. The school needs ongoing support for running costs, equipment and physiotherapy. A gift of £2,000 could employ a skilled physiotherapist for a whole year, giving vital treatment to these children at a critical stage of their development.



♥ **£5,000 could fund a clean water supply for a Tibetan settlement in India**

A gift of £5,000 can install a water filtration system for Tibetan settlement in India, providing clean drinking water for years to come. Without clean water, families get sick and can't go to school or work, at huge cost to their families and their futures.



♥ **£15,000 could build three houses for vulnerable families in Nepal**

There are many settlements, like the remote village of Bakhang, that are still struggling to rebuild several years on from the devastating earthquakes in Nepal. A gift of £15,000 could rebuild three houses for families who can't afford to do so and have been living in temporary, unsafe conditions.



♥ **£65,000 could run Empowering the Vision for a whole year**

Our project to help young Tibetans into meaningful work costs £65,000 to run each year. You can make a huge impact for a young person like Ngawang, who is studying Chinese and English with the hope of becoming an interpreter and contribute back to her community in Uttarakhand.





NGOENGA SCHOOL

‘Ngoenga’ means happy in Tibetan and this inspiring and joyous school is home for 50 Tibetan children with special needs.

A gift to Tibet Relief Fund in your will could support their fantastic work long into the future.

The school was created after His Holiness the Dalai Lama expressed concern that the Tibetan government-in-exile should help children with disabilities and their families.

Ngoenga is the only residential school in north India dedicated to looking after young Tibetans with special needs.

They support children with a wide range of disabilities, including hearing and visual difficulties, physical disabilities, autism, speech problems, learning difficulties, as well as emotional and behavioural difficulties.

Many of the children have complex physical needs

and require regular physiotherapy sessions to keep them as healthy and mobile as possible. When the children are feeling good, they can concentrate more on their school work and learning the skills which will make them more independent.

The staff at Ngoenga work hard to make sure the children are well looked after,

but a shortage of funds means their time is often more stretched than it should be. This is particularly true for

the school’s physiotherapist who works long hours and has a very physically demanding job.

Tibet Relief Fund has worked with Ngoenga since 2002 to help cover the school’s running costs.

This ensures the school can keep going and be there for every child. But more support is always needed and welcomed, in order to help the school develop and its pupils flourish.

and resurfacing the playground area to be softer and less hazardous for the children.

With a gift in your will, you can help Tibet Relief Fund ensure that Ngoenga can continue to provide a happy home for the children who need it most.



Plans for the future include employing a health worker to help the physiotherapist provide the best care possible,

This is just one of many projects that a gift in your will could support.

PREPARING YOUR WILL

You can choose between using a solicitor to write your will, or using our free online wills service. For most people, our online will writing service provides all you need to make a fully legal will.

Visit www.makeawillonline.co.uk/tibetrelieffund to get started.

If you have a large estate (over £1 million), property overseas or a complex family situation, we would always recommend that you use a solicitor. You may also feel more comfortable speaking to a solicitor in person.

If you don't already have a solicitor, you can search for one local to you at <http://solicitors.lawsociety.org.uk>. Alternatively, you can call the Law Society on **020 7242 1222**.

Having chosen your solicitor, you can keep costs to a minimum by preparing the following in advance of your first meeting:



Valuing your estate

Make a list of all your assets including: your house and its contents, car, items of special value such as jewellery and antiques, savings, investments & life insurance, business assets; and money owing to you. Estimate their value and then deduct money you owe, such as your mortgage, overdraft, loans, hire purchase agreements and credit cards.

Naming executors

You must choose the persons you would like to administer your estate (usually two). One could be your solicitor or bank manager (who normally requires payment for this service); the other could be a relative or a friend. It's important to get their consent before naming them.

Choosing guardians

If you have children under 18 you should appoint guardians. This provides for their care in the event of your partner dying before you or at the same time. Again, check that those named agree to take on this responsibility.

Witnessing your signature

For the will to be legal it must be signed by you in the presence of two witnesses who must also sign it. They must not be beneficiaries or related to beneficiaries.

The time to amend & the time to change

Keeping your will up-to-date is as important as making it. Your wishes, your circumstances and the composition of your family can change over the years - and the value of pecuniary bequests can be eroded by inflation. Minor additions can be made by codicil. Major changes may call for a new will - but that should be a lot easier the second time around.

- Amendment by codicil: Never write on your will - that will invalidate it. A codicil must be a separate document, signed and witnessed as with the will, though the witnesses need not be the same. It must be kept with the will but not attached to it.
- Giving to causes by codicil: Giving to a cause you wish to support can readily be done by a codicil to an existing will (see page 12 for suggested wording for a codicil).

TYPES OF GIFT

A share of your estate (residuary legacy)

This is a percentage of your estate after all other gifts and expenses have been paid. This option is a really valuable way to help us as it maintains its value and can also increase over time. This also means you're less likely to need to amend your will in the future.

A specific sum (pecuniary legacy)

This is a gift of a set amount of money

A specific item

This could be something valuable such as an antique, painting, property or shares that we would sell.

FREQUENTLY ASKED QUESTIONS

Here are answers to some commonly asked questions about making a will and leaving a gift to Tibet Relief Fund. If you have any other questions that are not answered here, or would simply like to speak with someone in confidence, please don't hesitate to call us on **020 3119 0041** or email **legacies@tibetrelieffund.co.uk**.

Since 1959 many Tibetans have lived under the oppression of the Chinese occupation in Tibet, or have had to flee to India and Nepal and settle in exile. Tibet Relief Fund works with Tibetans, empowering them to lead a fulfilled life. By leaving Tibet Relief Fund a gift in your will, you will help us to educate the young, support entrepreneurs, care for the elderly, rebuild lives and homes, and provide healthcare for all.

Why is making a will important?

Having an up-to-date will brings you peace of mind. You are ensuring your loved ones are provided for and the causes you care about most will be supported after you are gone. If you die without a will (known in the legal world as intestate), UK law will specify who inherits your possessions and estate, meaning they will not necessarily be distributed in the way you would have wished.

When is a good time to make my will?

The sooner the better as it is the only way to make sure your wishes are carried out after you are gone and your loved ones provided for in the way you want. Making a will helps your loved ones at a difficult time, as they will know how you wanted your estate to be distributed.

What happens if I change my mind?

You are free to change your mind at any time – telling us you plan to leave a gift does not commit you to doing so. However, if you do change your mind, it's really helpful if you can let us know.

Do I need a solicitor to write my will?

If you have a large estate (over £1 million), complex needs or property overseas, we would always recommend that you use a solicitor. However, for most people, an online will writing service like Make a Will Online provides all you need to make a fully legal will.

How much does a will cost?

The cost of writing a will varies depending on how complicated it is. You can ask several solicitors what they

charge before making your decision. However, a simple will normally costs around £200.

Tibet Relief Fund can offer you the opportunity to make your will online for free – visit www.makeawillonline.co.uk/tibetrelieffund or contact us on **020 3119 0041** to find out more.

What if I have already made my will?

If you do already have a will and want to leave a gift to us, contact your solicitor and let them know your intentions. You can work with them either to:
(a) make a new will or
(b) a shorter and less expensive "codicil" (amendment).

Please ensure that your solicitor uses our full name: The Tibet Relief Fund of the United Kingdom, our charity number: 1061834, and our registered address: 2 Baltic Place, London, N1 5AQ.



What are the tax benefits of leaving a gift to charity?

Did you know that people who leave more than 10% of their estate to charity receive inheritance tax benefits? If your estate is liable for inheritance tax we suggest you speak to your solicitor to discuss making a will and leaving a gift to us.

What kind of gift could I leave in my will?

There are three types of gift you can leave in your will:

- A share of your estate (residuary legacy): This is a percentage of your estate after all other gifts and expenses have been paid. This option is a really valuable way to help us as it usually maintains its value and can also increase over time. This also means you're less likely to need to amend your will in the future.
- A specific sum (pecuniary legacy): This is a gift of a set amount of money
- A specific item: This could be something valuable such as an antique, painting, property or shares that we would sell.

How will my gift help Tibetans?

By leaving Tibet Relief Fund a gift in your will, you will help us to educate the young, support entrepreneurs, care for the elderly, rebuild lives and homes, and provide healthcare for all. If you would like your gift to

support a particular project, we're very happy for you to do this. If that project has been completed or no longer being supported by Tibet Relief Fund at your death, we would use any gift for any similar work we are supporting.

OUR PROMISE TO YOU

The gifts that people include in their will are so important for the future of our work. We want you to feel completely confident and reassured in choosing to support Tibet Relief Fund in this way. Our promises demonstrate our lasting commitment to you, your family and loved ones, and the Tibetans your gift will help.

We are committed to making a difference to Tibetans and therefore have a duty to promote legacy giving as an option of support. But we also recognise it is your decision and respect your need to consider it in your own time.

We realise that family and friends will (and should) come first but, as a cause you hold dear, we hope you will consider including Tibet Relief Fund after the people closest to you have been provided for.

We understand your will is personal and your privacy is vital. If you do choose to share your decision with us, we will keep it completely confidential.

There is no obligation to tell us of your intention to include us in your will, although we'd love to hear from you about it so we can thank you and keep you up to date with our work, and plan more effectively for the future.

We understand circumstances change. You can change your mind at any time about leaving a gift. If you do decide you no longer want to leave us a gift in your will, it's really helpful if you can let us know.

We will give you opportunities to connect with our work, but will always respect your choice about how we communicate with you.

We will use your gift carefully and cost effectively so it has the greatest impact for Tibetans.

If you have chosen to support a specific project which is no longer running or being supported by Tibet Relief Fund at the time of your death, we will use your gift where it is most needed in a similar area of work.

We are here to help you. If you have any questions about your legacy gift or how you will be helping our work with Tibetans, please get in touch on 020 3119 0041 or by email: legacies@tibetrelieffund.co.uk



I WOULD LIKE TO AMEND MY EXISTING WILL

PLEASE KEEP THIS SIGNED FORM WITH YOUR CURRENT WILL.

If you would like to make an amendment to your existing will to leave a gift to Tibet Relief Fund, please complete this simple codicil form and sign it in the presence of your two independent witnesses.

It is always best to seek legal advice if possible. Please don't hesitate to call our fundraising team on 020 3119 0041 if you have any questions.

I (full name):

Of (address):

Postcode:

Declare this to be a (please tick) First Second Third Codicil to my will,

which is dated: / / (day/month/year)

(Please provide the day/month/year that your existing will was first made.)

I GIVE:

The sum of: £

The following specific item(s):

to Tibet Relief Fund, 2 Baltic Place, 287 Kingsland Road, London N1 5AQ, registered charity number 1061834 (England and Wales), absolutely for its general charitable purposes and I declare that the receipt of the treasurer or other proper officer for the time being shall be a sufficient discharge to my executors.

SIGNATURE (In all other respects I confirm my will and any other codicils thereto.)

..... Date: / /

Signed by the aforementioned in our presence and witnessed by us in the presence of him/her and of each other

WITNESS ONE

Name:

Address:

Postcode:

Occupation:

Signature:

WITNESS TWO

Name:

Address:

Postcode:

Occupation:

Signature:

The following people cannot witness your codicil:

· A beneficiary of your will · A beneficiary's spouse or civil partner

Tibet Relief Fund
works to empower Tibetans
to build sustainable communities
and better futures through
education and innovative
practical grassroots initiatives.





Tibet Relief Fund
2 Baltic Place
287 Kingsland Road
London
N1 5AQ

Tibet Relief Fund, working with Tibetans since 1959

Read more about our work and donate online at tibetrelieffund.co.uk

Call: 020 3119 0041

Email: info@tibetrelieffund.co.uk

Visit: tibetrelieffund.co.uk

Shop: enlightenedgifts.org



Registered Charity No. 1061834

